July - December 2023 Safety training bulletin

No. 2302 | June 9, 2023

Safety, Health & Environmental Services Events

The Construction Safety Group of Kansas City's golf tournament returns



Join the Construction Safety Group (CSG) of Kansas City for the 29th annual scholarship golf tournament on Sept. 15, 2023, at Shoal Creek Golf Course. Check in begins at 8 a.m. The tournament benefits students majoring in Occupational Safety, Health & Environmental studies at Pittsburg State University and the University of Central Missouri. This annual highlight has

sold out for the last few years, so sign up soon. Register here.

Suicide Prevention Week, Sept. 4-8, 2023: Together we can save lives

In 2020, a mission-driven group of volunteers from across the construction industry came together with the goal of saving lives. They collaborated to launch the inaugural Suicide Prevention Week for the industry – a week dedicated to raising awareness about the higher-than-average number of suicides in the construction industry, and to providing resources to help prevent those deaths.

Every year, during September – National Suicide Prevention Month – the construction industry will dedicate a week to raising awareness about the unique challenges workers face in construction that lead to suicide and what we can do to prevent it. Together, we can save lives.

Use the <u>resources</u> provided to plan activities with your workers during Suicide Prevention Week and <u>let</u> <u>us know</u> how you participated. Participating companies will receive an OSHA-recognized, industryendorsed certificate of participation and badge you can display on your website and social media.

In 2022, nearly a quarter million construction workers representing 48 states and territories of the U.S. registered their participation in Construction Suicide Prevention Week via this website. That's an increase over more than 68,000 workers from 32 states who participated in 2021. Let's reach even more people in 2023. Visit the website at: www.constructionsucideprevetion.com.

Midwest Construction Safety Conference, March 7-8, 2024

The Midwest Construction Safety Conference (MCSC) is committed to improving construction safety throughout the region with top-tier education from safety experts across the construction industry. The conference and expo will return March 7 and 8, 2024, at <u>Adams Pointe Conference Center</u> in Blue Springs, Missouri. Registration and vendor details for 2024 will be announced later.



OSHA Silica Competent Person Course

Description: The purpose of this course is to educate course participants about OSHA's Crystalline Silica Standard in the Construction Industry and provide an understanding of the hazards of respirable crystalline silica and appropriate ways to limit exposure. A key component in preventing overexposure to silica and subsequent disease is to have at least one individual on the jobsite who can recognize and evaluate situations where over exposure may be occurring; who knows how to evaluate the exposure potential; and who can make an initial recommendation on how to control that exposure. This is the role of the "Silica Competent Person." OSHA 29 CFR 1926.1153 requires each employer to have a "Silica Competent Person" who can identify existing and foreseeable respirable crystalline silica hazards.

Knowledge check: A written multiple-choice learning exercise is administered at the conclusion of the course.

Course no.	Date	Time	Location	Member	Nonmember			
	Kansas City, Missouri							
SH120-04-05-OAK	Wednesday, Aug. 23, 2023	8-11 a.m.	ОАК	\$99.00	\$125.00			
SH120-06-02-OAK	Thursday, Oct. 12, 2023	8-11 a.m.	OAK	\$99.00	\$125.00			
Springfield, Missouri								
SH120-05-18-BAS	Tuesday, Sept. 19, 2023	8-11 a.m.	BAS	\$99.00	\$125.00			
SH120-05-18-BAS	Wednesday, Nov. 1, 2023	8-11 a.m.	BAS	\$99.00	\$125.00			
Jefferson City, Missouri								
SH120-05-19-BAJ	Thursday, Aug. 17, 2023	8-11 a.m.	BAJ	\$99.00	\$125.00			
SH120-05-19-BAJ	Wednesday, Oct. 25, 2023	8-11 a.m.	BAJ	\$99.00	\$125.00			

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

OSHA is fully enforcing the silica in construction standard. The Builders SH&E team can assist your organization in complying with all requirements of OSHA's silica in construction standard, including company specific silica exposure control plans (ECP) and silica air sampling. For more information, please contact Matt Dierking at 816.595.4158 or mdierking@thebuildersagc.com.



OSHA Fall Protection Course

Description: OSHA standards require employers to provide fall protection training for each employee who might be exposed to fall hazards. The training shall enable employees to recognize the hazards of falling and shall train each employee in the procedures to be followed to minimize these hazards. This Fall Protection Course includes but is not limited to: establishing definitive parts of Personal Fall Arrest Systems (including body supports, lanyards, self-retracting lifelines, rope grabs, and anchorage components), anchorage points (determination and suitability), arresting forces (limits, methods to reduce, etc.), and fall distances (limits, deceleration distances). This course also covers the usage of equipment including: ladder climbing systems, horizontal lifeline systems, rescue and retrieval systems, rope grab systems, self-retracting lifelines and care/maintenance of fall protection equipment upon request.

Knowledge check: A written multiple-choice learning exercise is administered at the conclusion of the course.

Course no.	Date	Time	Location	Member	Nonmember		
		Kansas City, Mis	ssouri				
SH112-04-27-OAK	Thursday, July 13, 2023	8-11 a.m.	ОАК	\$99.00	\$125.00		
SH112-04-27-OAK	Wednesday, Sept. 13, 2023	8-11 a.m.	ΟΑΚ	\$99.00	\$125.00		
SH112-04-27-OAK	Wednesday, Nov. 15, 2023	8-11 a.m.	OAK	\$99.00	\$125.00		
	Springfield, Missouri						
SH112-05-27-BAS	Tuesday, Sept. 12, 2023	8-11 a.m.	BAS	\$99.00	\$125.00		
SH112-05-27-BAS	Tuesday, Dec. 5, 2023	1-3 p.m.	BAS	\$99.00	\$125.00		
Jefferson City, Missouri							
SH112-05-28-BAJ	Wednesday, Oct. 11, 2023	8-11 a.m.	BAJ	\$99.00	\$125.00		
SH112-05-28-BAJ	Tuesday, Nov. 7, 2023	8-11 a.m.	BAJ	\$99.00	\$125.00		

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

OSHA's fall protection standard is currently their **first** most frequently cited violation.



OSHA Hazard Communication Standard Course

Description: OSHA standards require employers to provide exposed employees with effective information and training on hazardous chemicals in their work area at the time of their initial assignment, and whenever a new chemical hazard the employees have not previously been trained about is introduced into their work area. This course covers the general requirements of OSHA's Hazard Communication Standard and provides participants with the knowledge to facilitate recognition and understanding of chemical safety in the workplace. Specific topics covered in this course include hazard classification of health and physical hazards, chemical labeling, signal words, GHS Symbols (Pictograms), Safety Data Sheets (SDSs) 16 -section format and much more.

Knowledge check: A written multiple-choice learning exercise is administered at the conclusion of the course.

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

Course no.	Date	Time	Location	Member	Nonmember		
	Kansas City, Missouri						
SH925-05-24-OAK	Thursday, Aug. 24, 2023	8-10 a.m.	ОАК	\$99.00	\$125.00		
SH925-05-24-OAK	Thursday, Nov. 16, 2023	8-10 a.m.	OAK	\$99.00	\$125.00		
Springfield, Missouri							
SH925-06-29-BAS	Wednesday, Sept. 20, 2023	1-3 p.m.	BAS	\$99.00	\$125.00		
SH925-06-29-BAS	Thursday, Nov. 2, 2023	1-3 p.m.	BAS	\$99.00	\$125.00		
Jefferson City, Missouri							
SH925-05-21-BAJ	Thursday, Nov. 9, 2023	8–10 a.m.	BAJ	\$99.00	\$125.00		

OSHA's hazard communication standard is currently their **second** most frequently cited violation.



OSHA Scaffolding Course

Description: This course covers the requirements for safe construction and use of scaffolding using OSHA's construction scaffold standards as a guide. OSHA standards require employers to train each employee who performs work while on a scaffold trained to recognize the hazards associated with the type of scaffold being used and to understand the procedures to control or minimize those hazards. Course topics include hazards associated with scaffold design, assembly, disassembly and use, types of scaffolds, determining scaffold capacity, employee qualifications and training and maintenance, repair and inspection requirements.

Knowledge check: A written multiple-choice learning exercise is administered at the conclusion of the course.

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

Course no.	Date	Time	Location	Member	Nonmember		
Kansas City, Missouri							
SH113-06-01-OAK	Thursday, Aug. 10, 2023	8-11 a.m.	ОАК	\$99.00	\$125.00		
SH113-06-01-OAK	Thursday, Sept. 7, 2023	8-11 a.m.	ОАК	\$99.00	\$125.00		
Springfield, Missouri							
SH113-05-27-BAS	Tuesday, Sept. 12, 2023	8-11 a.m.	BAS	\$99.00	\$125.00		
SH113-05-27-BAS	Tuesday, Oct. 31, 2023	8-11 a.m.	BAS	\$99.00	\$125.00		
Jefferson City, Missouri							
SH113-05-28-BAJ	Wednesday, Aug. 23, 2023	8-11 a.m.	BAJ	\$99.00	\$125.00		
SH113-05-28-BAJ	Wednesday Nov. 8, 2023	8–11 a.m.	BAJ	\$99.00	\$125.00		

OSHA's scaffolding standard is currently their **third** most frequently cited violation.



OSHA Forklift Operator Course

Description: This course has been designed to reduce injuries and property damage in the work environment for newly trained operators who are ready to go beyond the basics to experienced operators who are either new to your organization or have been with your organization for an extended period. Course topics include inspection of equipment, design criteria of the equipment, picking up the load, moving the load and setting down the load safely.

Knowledge check: A written multiple-choice learning exercise and Operator Performance Evaluation is administered at the conclusion of the course.

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

Course no.	Date	Time	Location	Member	Nonmember		
Kansas City, Missouri							
SH110-04-19-OAK	Wednesday Sept. 6, 2023	8 a.m12 p.m.	ОАК	\$99.00	\$125.00		
SH110-04-19-OAK	Monday, Oct. 30, 2023	8 a.m12 p.m.	ΟΑΚ	\$99.00	\$125.00		
		Springfield, Mis	ssouri				
SH110-06-28-BAS	Wednesday, Nov. 8, 2023	8 a.m12 p.m.	BAS	\$99.00	\$125.00		
Jefferson City, Missouri							
SH110-06-30-BAJ	Thursday, Nov. 9, 2023	1-5 p.m.	BAJ	\$99.00	\$125.00		

OSHA's powered industrial truck standard is currently their **seventh** most frequently cited violation.



OSHA 10-Hour Construction Outreach Course

Description: The OSHA 10-Hour Construction Outreach Course provides safety and health training to prepare employees for basic hazards found in the construction industry. Participants will gain an understanding of OSHA's Construction Safety and Health Regulations as they apply to real world experiences. Each participant will receive a 29 CFR 1926 Construction Standards Book. Upon successful course completion, each participant will also receive a photo ID data card from The Builders, a chapter of the AGC and a U.S. Department of Labor (OSHA) 10-Hour Construction Outreach completion card.

Missouri House Bill 1549 - This course meets the requirements of HB 1549 that became effective on Aug. 28, 2009, requiring all on-site employees for contractors or subcontractors working on "Public Works" construction projects in which the contract or subcontract is signed on or after Aug. 28, 2009, to have completed an OSHA 10-Hour construction safety program or equivalent within sixty (60) days of beginning work.

Course no.	Date	Time	Location	Member	Nonmember	Footnote		
	Kansas City, Missouri							
SH101-04-12-OAK	Day 1 - Tuesday, Aug. 29, 2023 Day 2 - Wednesday, Aug. 30, 2023	8 a.m1:30 p.m.	ΟΑΚ	\$150.00	\$175.00	(1)		
SH101-04-12-OAK	Day 1 - Monday, Nov. 27, 2023 Day 2 - Tuesday, Nov. 28, 2023	8 a.m1:30 p.m.	OAK	\$150.00	\$175.00	(1)		
		Springfield, I	Missouri					
SH101-06-21-BAS	Day 1 - Tuesday, Dec. 5, 2023 Day 2 - Wednesday, Dec. 6, 2023	8 a.m1:30 p.m.	BAS	\$150.00	\$175.00	(1)		
Jefferson City, Missouri								
SH101-06-23-BAJ	Day 1 - Tuesday, Dec. 12, 2023 Day 2 - Wednesday, Dec. 13, 2023	8 a.m1:30 p.m.	BAJ	\$150.00	\$175.00	(1)		



OSHA 30-Hour Construction Outreach Course

Description: The OSHA 30-Hour Construction Outreach Course is an excellent course for superintendents, field supervisors, project managers, safety professionals, or anyone responsible for safety and health issues in your organization. Attendees will gain an understanding of OSHA Construction Safety Regulations as they apply to real world experiences. Each participant will receive a 29 CFR 1926 Construction Standards Book. Upon successful course completion, each participant will also receive a photo ID data card from The Builders, a chapter of the AGC and a U.S. Department of Labor (OSHA) 30-Hour Construction Outreach completion card. Participants must attend all dates to receive a course completion card. Lunch will be provided.

Course no.	Date	Time	Location	Member	Nonmember	Footnote
Kansas City, Missouri						
SH103-4-23-OAK	Day 1 - Monday, Oct. 2, 2023 Day 2 - Tuesday, Oct. 3, 2023 Day 3 - Wednesday, Oct. 4, 2023 Day 4 -Thursday, Oct. 5, 2023	7:30 a.m4 p.m.	ОАК	\$425.00	\$525.00	(1)



American Red Cross Workplace First Aid/AED/CPR Course

Description: The purpose of this course is to give individuals in the workplace knowledge and skills necessary to recognize and provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over. This course also includes information on breathing or cardiac emergencies. Please wear comfortable clothing, as you will be asked to perform skills. Attendance of the entire session is required, and participants must complete all skill practices for certification. Upon successful course completion, each participant will receive an American Red Cross Universal Certificate indicating First Aid/AED/CPR that is valid for two years.

Course no.	Date	Time	Location	Member	Nonmember		
Kansas City, Missouri							
SH124-04-02-OAK	Thursday, Aug. 31, 2023	8 a.m12 p.m.	ОАК	\$75.00	\$100.00		
SH124-05-25-OAK	Tuesday, Oct. 17, 2023	8 a.m12 p.m.	ΟΑΚ	\$75.00	\$100.00		
SH124-06-03-OAK	Wednesday, Nov. 29, 2023	8 a.m12 p.m.	ΟΑΚ	\$75.00	\$100.00		
		Springfield, Mis	souri				
SH124-05-18-BAS	Tuesday, Sept. 26, 2023	8 a.m12 p.m.	BAS	\$75.00	\$100.00		
Jefferson City, Missouri							
SH124-05-19-BAJ	Thursday, Aug. 17, 2023	8 a.m12 p.m.	BAJ	\$75.00	\$100.00		



OSHA Confined Space Entry for Construction Course

Description: This course covers the safety and health hazards associated with confined spaces in the construction industry. Course topics include recognition of confined space hazards, identification of permit required confined spaces (PRCS) and non-permit required confined spaces (NPRCS), use of instrumentation to evaluate atmospheric hazards, ventilation techniques, development and implementation of a confined space program, proper signage and training requirements. This course also covers the key differences between OSHA's general industry versus construction standards.

Knowledge check: A written multiple-choice learning exercise is administered at the conclusion of the course.

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

Course no.	Date	Time	Location	Member	Nonmember	
Kansas City, Missouri						
SH107-04-28-OAK	Thursday, Aug. 24, 2023	12:30-3:30 p.m.	ОАК	\$99.00	\$125.00	
Springfield, Missouri						
SH107-05-17-BAS	Tuesday, Nov. 14, 2023	12:30-3:30 p.m.	BAS	\$99.00	\$125.00	
Jefferson City, Missouri						
SH107-05-20-BAJ	Tuesday, Aug. 22, 2023	12:30-3:30 p.m.	BAJ	\$99.00	\$125.00	



OSHA Excavation Competent Person Course

Description: This course has been designed specifically for those involved in excavation, trenching, and related operations. OSHA requires a "Competent Person" to oversee these jobsites, as they are some of the most hazardous of all construction operations. Topics covered in this course include:

- 29 CFR 1926, Subpart P
- OSHA excavation competent person
- Inspection
- Soil classification categories
- Fall protection
- Protective systems
- Access and egress
- Exposure to falling loads
- Exposure to vehicular traffic

- Water accumulation
- Identification of underground utilities and one call system
- Hazardous atmospheres
- Emergency rescue planning
- Criminal prosecution and wrongful death lawsuits relating to trenching/excavation accidents

Knowledge check: A written multiple-choice learning exercise is administered at the conclusion of the course.

Course completion documentation: Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

Course no.	Date	Time	Location	Member	Nonmember		
	Kansas City, Missouri						
SH106-04-28-OAK	Tuesday, July 11, 2023	8-11:30 a.m.	OAK	\$99.00	\$125.00		
SH106-04-28-OAK	Tuesday, July 18, 2023	8-11:30 a.m.	OAK	\$99.00	\$125.00		
		Springfield, Mis	ssouri				
SH106-05-17-BAS	Monday, Nov. 6, 2023	8-11:30 a.m.	BAS	\$99.00	\$125.00		
Jefferson City, Missouri							
SH106-05-20-BAJ	Wednesday, Oct. 11, 2023	8-11:30 a.m.	BAJ	\$99.00	\$125.00		



OSHA Focus Four Hazard Course

Description: This course focuses on the top four hazards in the construction industry (falls, electrocutions, struck-bys and caught-ins). Construction workers make up approximately 6% of the country's workforce, but account for more than 20% of all job-related fatalities each year. Construction is one of the most hazardous industries in America; each year a substantial number of construction workers, and countless others, are injured by these four hazards. Participants will be introduced to accident prevention techniques and hazard recognition to improve their awareness about the focus four hazards and ways to abate these hazards. Upon successful course completion, each participant will receive a photo ID data card from The Builders, a chapter of the AGC.

Course no.	Date	Time	Location	Member	Nonmember		
	Kansas City, Missouri						
SH210-05-10-OAK	Wednesday, Sept. 27, 2023	8-11 a.m.	ОАК	\$99.00	\$125.00		
Springfield, Missouri							
SH210-06-29-BAS	Thursday, Sept. 21, 2023	8-11 a.m.	BAS	\$99.00	\$125.00		
Jefferson City, Missouri							
SH210-05-21-BAJ	Tuesday, Sept. 26, 2023	8-11 a.m.	BAJ	\$99.00	\$125.00		

For additional information about any of these courses, multiple participant discount pricing or to schedule a course specifically for your organization contact: Matt Dierking at 816.595.4158 or <u>mdierking@thebuildersagc.com</u>.



Course registration information

- 1. Course cancellations/confirmations will be made via email, with the designated contact person listed on the registration, the week prior to scheduled course date.
- 2. Course cancellation must be made a minimum of five (5) business days prior to the scheduled course date to receive a full course refund or to reschedule.
- 3. Each scheduled course is required to have a minimum enrollment of eight (8) paid course participants for the course to be conducted.
- Any course participant who has been ill or has any signs of illness within twenty-four (24) hours prior to the class (fever, cough, breathing difficulties/shortness of breath, or other symptoms) should not attend a course.

Course footnotes

¹No charge to attend course for Carpenters, Millwrights, and Floorlayers in good standing with the Mid-America Carpenters Regional Council. The Builders, a chapter of the AGC reserves the right to charge course fees if denied by CDC.

Location of training courses

OAK: The Builders, a chapter of the AGC, 720 Oak St., Kansas City, MO 64106

BAS: Southern Region Service Center, 521 South Ingram Mill Road, Springfield, MO 65802

BAJ: Central Region Service Center, 3632 West Truman Blvd., Jefferson City, MO 65109

To have training conducted at your facility or at a specific location, please contact Matt Dierking at 816.595.4158 or <u>mdierking@thebuildersagc.com</u>.

To register, please complete the registration form on the next page. Return the form along with a check payable to The Builders, a chapter of the AGC to:

The Builders, a chapter of the AGC Attn: Morgan Morrison 720 Oak Street Kansas City, MO 64106

Contact Morgan Morrison at 816.595.4130 or <u>mmorrison@thebuildersagc.com</u> should you have questions.



Registration form

Company name:				
Company address:	Contact	_ Contact person:		
Telephone number:	Email:			
Select course:	Select course:	Select course:		
Select location:	Select location:	Select location:		
Enter course no.:	Enter course no.:	Enter course no.:		
Participant's name	Participant's name	Participant's name		
Participant's name	Participant's name	Participant's name		
Participant's name	Participant's name	Participant's name		
Participant's name	Participant's name	Participant's name		
Participant's name	Participant's name	Participant's name		
Total member participants	Total member participants	Total member participants		
Total nonmember participants	Total nonmember participants	Total nonmember participants		
x \$per person =00	x \$per person =00	x \$per person =00_		

To make reservations for a course, complete the following information: (Please type or print)

Amount of check \$_____

Check box if you are a member of the St. Louis-Kansas City Carpenters Regional Council.

